

# S.E.A.B.A.G.

“If you fail to plan, you plan to fail.”

– All The Good Divers

## S – Site Survey and Signals

1. Personnel
2. Shore features and facilities:
  - a. Name of Area/Beach
  - b. Type of Beach
  - c. Restrooms and Showers
  - d. Parking and Fees
  - e. Beach Access
  - f. Trash Containers
3. Dive Conditions (Now & Later)
  - a. Weather
  - b. Tides
  - c. Waves (& Wind)
  - d. Surge
  - e. Surf
  - f. Currents
  - g. Anticipated Visibility
4. Danger Areas
5. Cardinal Directions
6. Entry and Exit Points
7. Reef and Bottom Composition
8. Signals

## E – Emergencies

1. Phone Access and Numbers
2. Directions to Dive Site
3. First Aid/O2 Kit Locations, Personnel
4. Low & Out of Air Procedures, Signals
5. Lost Buddy Procedures, Signals
6. Chain of Command
7. Special Equipment, If Used

## A – Activities

1. Entry and Exit Procedures
2. Maximum Depth and Time
3. Minimum Air and Checkpoints
4. Objectives and Sequence of Events

## Gear Checks

Completed after suiting up, before getting in.

## B – Buoyancy

1. Buoyancy Compensator
  - a. Holds Air
  - b. Oral and Power Inflator Function
  - c. Dump Valves Function
  - d. Hoses Tangle Free
2. Ballast
  - a. One-Hand Quick Release
  - b. Release Visible and Accessible
  - c. All Divers Trained in Operation
3. Exposure Suit

## A – Air (Gas)

1. Cylinder is Secure
2. Air is On
3. Cylinder is Full
4. Regulators Breathe Well
  - a. Watch SPG!

## G – Gear Up and Go!!

1. Assist Buddy with Fins
2. Check Mask Seal (hair & hood)
3. Enter with Buddy